



Welcome back and a happy new year to one and all.

The cold snap has well and truly started so please ensure all hats, gloves and scarves are named.

## Reception places for September 2024

If your child is due to start school this September, please ensure you have **completed an application for a school place by the 15<sup>th</sup> January 2024**. Every year Havering is in the position that there are a large number of late applications which makes it difficult for them to organise school places, remember the school does not get to choose its pupils, this is all organised by the LA.

## Friends of RVPS&N

The next online meeting will be held on 11.01.24 at 6pm. Joining instructions are as follows:

Topic: Friends of Parent meeting  
Time: Jan 11, 2024 06:00 PM London

Join Zoom Meeting link:

<https://us05web.zoom.us/j/89826185874?pwd=TniYUGEjdavN4rR6mOf1B0BEb62wJ.1>

Meeting ID: 898 2618 5874

Passcode: 2e77MQ

## Football Camp at Rainham Village 19<sup>th</sup> - 21<sup>st</sup> February

A football camp run by Superstar Sports will operate on the Monday 19<sup>th</sup>, Tuesday 20<sup>th</sup> and Wednesday 21<sup>st</sup> of February during half-term between 8.45am and 3.15pm. Early drop offs are available. It costs £15 per day or £40 for the three days. Book early to avoid disappointment at [www.superstarsport-oel.org](http://www.superstarsport-oel.org)

## Yr. R - Parents' meeting An introduction to number Wednesday 17<sup>th</sup> January 2024.

This parental meeting will be held in the Blue room in the EYFS building at 3.10pm.

## Dates for your diary

10/01/24 - Yr. 4 Five ways to well-being workshop with HEST.

16/01/24 - 2AP Rainham library visit

18/01/23 - 2MM Rainham library visit

19.01.24 - Exotic Explorers visitors in for Yr. 1 & Yr. 2

22.01.24 - Bikeability training for Yr. 5 all week. Look out for the letters coming out this week.

23/01/23 - 1LH Rainham library visit

25/01/24 - 1AB Rainham Library visit

24/01/24 - RMB class assembly

30/01/ 24 - 5GB class assembly  
(Tuesday)

31.01.24 - 'The Riot Act' Road Safety performance for Yr. 5 & Yr. 6

07/02/24 - 1LH class assembly

07.02.24 - Yr. 2 author event

14/02/24 5BM class assembly

16.02.24 - Break up for half term

26.02.24 - 'Look after yourself' enrichment week.

### Devices children may have received as Christmas presents.

This advice has been shared with us by the Havering. It can be really difficult keeping up with everything that is online and what risks and issues may affect children of different ages, so on these pages there is some age-related advice and guidance for parents and carers:

Pre-school - <https://www.internetmatters.org/advice/0-5/>

6 - 10 year olds - <https://www.internetmatters.org/advice/6-10/>

11 - 13 year olds - <https://www.internetmatters.org/advice/11-13/>

14 plus - <https://www.internetmatters.org/advice/14plus/>

### **Setting up of devices**

It can be difficult knowing all the different settings that are available on different devices to help protect children, this includes allowing or disallowing chat, friends, spending money, content filters and much more. On these pages you will find the details, as well as non-technical instructions, which will help you understand what is available to you and how to set up your child's devices.

Gaming consoles and devices - <https://www.internetmatters.org/parental-controls/gaming-consoles/>

Smartphones - <https://www.internetmatters.org/parental-controls/smartphones-and-other-devices/>

Broadband and mobile networks - <https://www.internetmatters.org/parental-controls/broadband-mobile/>

Entertainment and search engines - <https://www.internetmatters.org/parental-controls/entertainment-search-engines/>

Other sites parents might find useful for advice are

<https://www.internetmatters.org/parental-controls/social-media/>

### Tier 2 Weight Management Program for adults

Rainham Leisure Centre will be hosting a free, inclusive, educating, and motivating lifestyle changing program. Participants are to commit to attending a weekly 2 hour session consisting of a 1 hour class room based session and a 45 minute low impact physical activity group session for 12 weeks. It is aimed at Havering residents aged 18 or over with a BMI of 25 - 44.9, self-referral or referral by health or non-health professional. Participants receive ongoing support and follow ups for up to a year after commencing the programme. One course will run in the afternoon and one in the evening so if getting fitter is one of your goals for 2024 why not start here.

### Rainham Leisure Centre

Finally, a huge thank you goes out to Rainham Leisure Centre for paying for the swimming lessons for Yr. 4 and Yr. 5 for September, October and November. Some of the thank you letters the children have written are heart warming.

### Warm Coats Initiative

Havering Library Service are running a warm coats initiative whereby coats can be collected free of charge for adults or children from your local library. Rainham library is open to 8pm on a Monday and a Thursday.

H.R. Harrow  
Head Teacher